

Virtue Lessons For May

Humility

Being humble is considering others as important as yourself. You are thoughtful of their needs and willing to be of service. You don't expect others or yourself to be perfect. You learn from your mistakes. When you do great things, humility reminds you to be thankful instead of boastful.

- ❖ You are practicing humility when you...
- ❖ Consider the needs of others as important as your own
- ❖ Apologize and make amends when you hurt others
- ❖ Learn from your mistakes and change for the better
- ❖ Ask for help when you need it
- ❖ Are doing your best just to do it, not to impress anyone
- ❖ Are grateful instead of boastful.

Affirmation

I am humble. I do not judge other or myself. I value my ability to keep growing and learning.

Excellence

Excellence is doing your best, giving careful attention to every task and every relationship. Excellence is effort guided by a noble purpose. It is a desire for perfection. The perfection of a seed comes in the fruit. When you practice excellence, you ring your gifts to fruition. Excellence is the key to success.

You are practicing excellence when you...

- ❖ Give your best to whatever you do
- ❖ Give your best to relationships
- ❖ Set noble and realistic goals
- ❖ Remember to plan and practice.
- ❖ Don't try to do everything
- ❖ Develop your special gifts

Affirmation

I give my best to the work I do. I give my best to others. I dare to set noble goals I choose excellence in all things.

The last part of the month we will be doing an overview of our favorite virtue lessons and also listening to the accompany music. Please discuss these with your children so that they can actively participate in the discussions. Go to this file section to bring up the entire list that we have covered throughout the year and see what they share with you.

Remember...this is by far the most important gift you give your children and we are right with you when we help them develop the traits of character that make them into the best of humanity!