

Virtues of the Month-September

Responsibility

Being responsible means others can trust you to do things with excellence. You accept accountability for your actions. When you make a mistake, you offer amends instead of excuses. Responsibility is the ability to respond ably and to make smart choices.

You are practicing responsibility when you...

- ❖ Take your agreements with seriousness
- ❖ Respond ably to doing things to the best of your ability
- ❖ Are willing to do your part
- ❖ Admit mistakes without making excuses
- ❖ Are ready and willing to clear up misunderstandings
- ❖ Give your best to whatever you do

Affirmation

I am responsible. I give my best to all that I do and keep my agreements. I learn from my mistakes. I am willing to make amends.

Orderliness

Orderliness is being neat and living with a sense of harmony. You are organized, and you know where things are when you need them. Solve problems step by step instead of going in circles. Order around you created order inside you. It gives you peace of mind.

You are practicing orderliness when you...

- Have a place to put each of your things
- Put your things away in the same place every time
- Have a plan before you begin any job
- Create a harmonious space that feels peaceful
- Appreciate the beauty and order of nature

Affirmation

I live this day with order. I do things step by step. I create beauty and harmony in my space and in my life.

Respect

We show respect by speaking and acting with courtesy. We treat others with dignity and honor the rules of our family, school and nation. Respect yourself, and others will respect you.

You are practicing respect when you...

- ❖ Speak courteously to everyone
- ❖ Take special care of the belongings of others
- ❖ Are receptive to the wisdom of elders
- ❖ Honor the rules of your family, school and nation
- ❖ Expect respect for your body and rights
- ❖ Treat others with dignity

Affirmation

I am respectful. I honor the wisdom of elders. I treat others and myself as we deserve to be treated

Patience

Patience is quiet hope and trust that things will turn out right. You wait without complaining. You are tolerant and accepting of difficulties and mistakes. You picture the end in the beginning and persevere to meet your goals. Patience is a commitment to the future.

You are practicing Patience when you...

- ❖ Calmly tolerate a delay or confusion
- ❖ Are willing to wait for things you want
- ❖ Set goals and persevere until they are met
- ❖ Do something now that will help you in the future
- ❖ Accept things you cannot change with humor and grace
- ❖ Are tolerant when mistakes are made

Affirmation

I am patient. I am gentle with others and myself when we make mistakes. I wait calmly.

Courtesy

Courtesy is being polite and having good manners. When you speak and act courteously, you give others a feeling of being valued and respected. Greet people pleasantly. Bring courtesy home. Your family needs it most of all. Courtesy helps life to go smoothly.

You are practicing courtesy when you...

- ❖ Remember your manners
- ❖ Treat elders, parents, teachers, and children politely
- ❖ Think about how your actions affect others
- ❖ Eat, speak and move graciously
- ❖ Make requests instead of demands
- ❖ Greet people with a smile

Affirmation

I am courteous. I speak and act in a mannerly way. I show others that I value and respect them.